

Pain management

How will Acupuncture help you to effectively manage your pain ?

- The traditional Chinese Acupuncture and herbal treatment will be your excellent choices for the pain management

We will determine the fundamental cause(s) of your pain

If you have pain, find out the fundamental cause(s) before treatment it. Often pain is a symptom that is referred from dysfunction elsewhere in the body. Sometimes, the cause of body pain isn't on that area but on some other part of body.

For example, shoulder or upper back pain is in many cases referred pain from a dysfunctional Liver. Besides, the weakness of Kidneys and Liver cause the lower back pain not just from the backbone and the muscle problems. Because, by the theory of Chinese medicine, lower back area is the house of Kidneys and Liver controls the muscle strength and movement.

We will treat your condition through a holistic approach

Many people suffer continuous pain even after ongoing conventional treatments such as physiotherapy and massage or chiropractic adjustment. These practices are excellent for those whose problems are dysfunctional muscle or spine. However, if you are still in pain after conventional treatments, it is likely that the cause of your pain can be traced elsewhere.

Acupuncture stimulates dysfunctional body systems thus coaxing them into normal & healthy function. By treating your entire body such as strengthening Liver and Kidneys, etc., your body is coaxed into waking up so that it will begin to function normally and heal.

Finally, the pain management is to differentiate the root of the pain and then is to help the human body to remove it by oneself. That's why the Acupuncture is so called the holistic natural medicine.

We, of course, will treat the simple pains as well – when there is obstruction on body, there is pain.

Meridian blockage can be caused by external reasons such as excessive cold, wind, dampness, dryness, fire(heat) or injury. It also can be caused by emotional change such as anger, frustration, sadness, fear, stress, depression, as well as an internal organ deficiency or malfunction.

Generally speaking,

Acupuncture can be used to correct the flow of Qi ; Herbal medicine can be used to re-establish and balance Qi and blood and moisture in organ network, in order to avert pathological factors.

We treat the pains such as ..

Clinical studies support that acupuncture is an effective modality in the treatment of almost all kinds of painful conditions, including the followings; migraines, neuralgia, neck pain, back pain, herniated disc, TMJ, tennis elbow, carpal tunnel syndrome, tendonitis, bursitis, arthritis, frozen shoulder, general shoulder pain, fibromyalgia, dysmenorrhea, osteoporosis, sports and other injuries, surgical pain and even cancer pain etc..

Researchers have discovered beneficial immune and endocrine alterations following acupuncture treatment. Acupuncture may actually help prevent pain by acting on the sympathetic nervous system and by stimulating the body to produce biochemical substances, such as endorphins, to help reducing pain.

DR. Lee has good knowledge and treatment plan on the pain management